

SUMMIT 2 PEAKS IN 2 WEEKS TO HELP FIGHT POLIO WORLDWIDE

www.honeybadgerlodge.com

Your goal...

This really is an opportunity of a lifetime; you will climb two of Africa's most famous mountains in two weeks whilst raising money to fight Polio. 1988 marked the start of the Global Polio Eradication Initiative, a time when polio paralysed more than 1000 children worldwide every day. Since then, 2.5 billion children have been immunized. In 2010, only four countries remain polio-endemic. The end is in sight, however this final push is the most crucial to ensure that all the good work is not undone. Help support the Rotary club to 'kick out polio' by raising \$2000 by scaling two mighty African peaks in just two weeks.

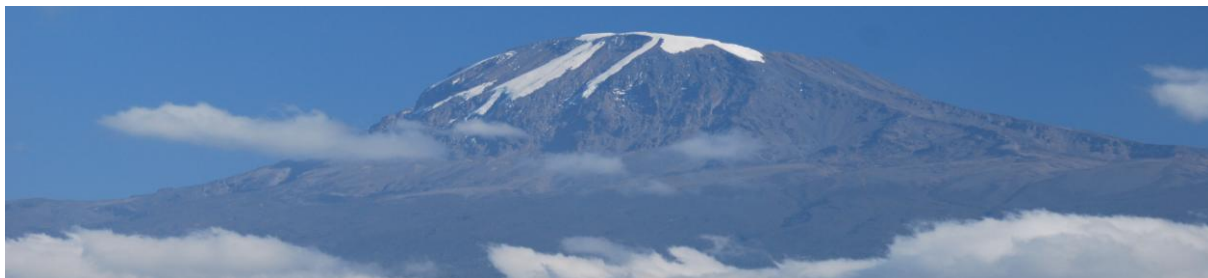
Kilimanjaro is known as the roof of Africa and Mount Meru is recognised as one of Africa's most beautiful and challenging volcanoes. Many people dream of climbing one, but we say why stop at one, why not summit them both in two weeks! We have put together an enticing package that supports you in this mighty task, whilst also giving you a real taste of life in Tanzania.



Located at the heart of Arusha National Park, and standing at 4,568 metres, Meru is Africa's fifth highest Mountain. On your ascent you will also be able to view Mount Kilimanjaro in all its glory enticing you for your next challenge. Kilimanjaro is the highest mountain in Africa, standing at 5895m. For this trip climbers will use the Machame route. This is the most beautiful route up Kilimanjaro; your efforts will be rewarded with a unique scenic splendour that is not seen on the other commonly traversed routes.

Your base...

On arriving in Tanzania you will be collected and taken to Honey Badger Lodge and Safaris. Honey badger was established in 1999 by Mama Lucy Renju, and as of 2010 is being run by her son (Joseph) and his family. The lodge offers breathtaking views of Mount Kilimanjaro (the highest mountain in Africa) and a genuine taste of African hospitality. We believe it is important to provide opportunities for local community development and for this reason have established a 'giving back' initiative (see our website for more details).



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Your itinerary...

DAY 1

ARRIVAL

HIKING TIME: NIL

HABITAT: HONEY BADGER LODGE

Upon your arrival into Kilimanjaro international airport you will be received by a member of the Honey Badger staff. After a 40 minute drive you will arrive at Honey Badger Lodge for a welcome drink, a hearty meal and a good nights rest.

DAY 2

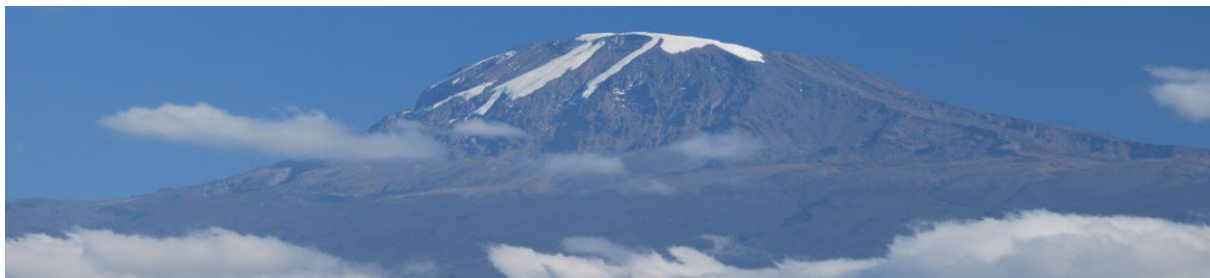
ACCLIMATISATION

HIKING TIME: A SHORT STROLL

HABITAT: MSARANGA VILLAGE AND MOSHI TOWN

After a tasty breakfast you will be briefed on your trip. Our tours and safari manager and our experienced guides will lead this meeting. The briefing provides you with an opportunity to not only hear about each stage of the trip but also for you to ask any questions you may have. As part of this meeting we also inspect all climbing equipment to ensure that it is suitable and advise climbers should any changes be needed.

Generally guests are keen to get to know where the local area, often having arrived in at night time. Therefore following your trip briefing you will be given a tour of the local area, including a visit to Second Change Education centre (one of the community activities we support), a trip to Moshi town and walk around the local village. After the tour you will return to the lodge to relax and enjoy a cold drink by the pool followed by fine African cuisine at our restaurant.



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DAY 3

**MOMELLA GATE (1,500M) to
MIRIAKAMBA HUT (2,514M)**

HIKING TIME: APPROX FIVE HOURS

HABITAT: MOUNTAIN FOREST

After a hearty Honey Badger breakfast your guides will come to collect you and you will drive 1hr 45 minutes from the lodge to Momella village/gate. After registering at the gate you will begin by entering the forest. Living up to its name, there is a possibility of rain in the forest, which may transform the trail into a rather muddy and slippery experience.

You will have a welcome packed lunch stop about half way at a giant Fig Tree archway and will reach Miriakamba Hut in the late afternoon at which time the sheer cliffs and ash cone should be visible. The crew will get everything organised for you and all you have to do is sit back, relax and enjoy the great outdoors.

DAY 4

**MIRIAKAMBA HUT (2,514M)
to SADDLE HUT (3,570M)**

HIKING TIME: APPROXIMATELY 4 HOURS

HABITAT: MOORLAND

This day's climb will be short, but significantly steeper as you make your way out

of the Mountain forest and on to Meru's half-way point known as Elephant Ridge. Further on you will come across stands of giant heather, and should be able to enjoy views of both the crater floor and the summit ridge. Lunch will be provided upon your arrival at the camp and you can use the rest of the afternoon to explore the surrounding areas and relax. For the more adventurous, you can also have a go at "little Meru" which stands at 3820 metres. The sunsets at both Saddle Hut and Little Meru are amazing so be sure to have your camera handy.



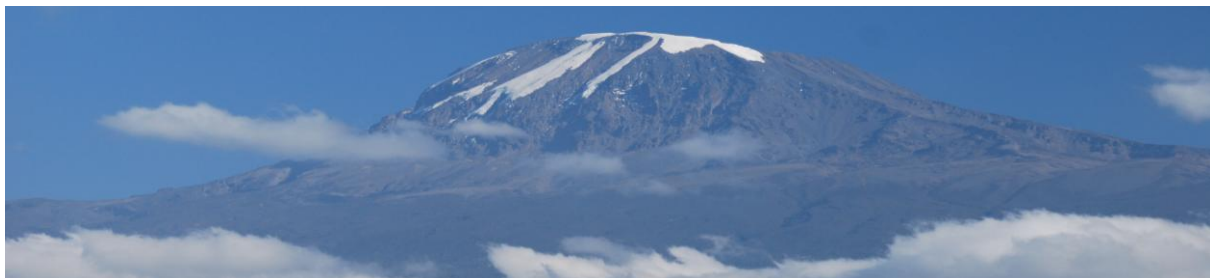
DAY 5

**SADDLE HUT (AT 3,840M) to
SOCIALIST PEAK (AT
4,566M) to MIRIAKAMBA
HUT (AT 2,514M)**

HIKING TIME: APPROXIMATELY ELEVEN HOURS

HABITAT: ASHEN RIDGES AND ROCKY SLOPES

At about 02h00 you will be awoken to some tea and biscuits and will make a move into the



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night. The first task of the day is to make the steep climb to Rhino Point (3,800m) and then make your way along the ridgeline to Cobra Point (4,350m) to catch the sunrise. This is definitely where you want to be when the sun comes up so that you can see Kilimanjaro rising high above the cloud line, not to mention the fresh morning glow upon the cliffs and the ash cone below. The summit, Socialist Peak (4566m), can be reached in an hour or so on a good albeit steep path. The journey back down towards Rhino Point takes you down a rather precarious ridge, and is definitely not recommended for the faint hearted..

Brunch will be prepared for you at Saddle Hut where you will have a break before making your way down to Miriakamba Hut for the night.



DAY 6

**MIRIAKAMBA HUT (2,514M)
to MOMELLA GATE (1,500M)**

HIKING TIME: APPROXIMATELY THREE HOURS

HABITAT: OPEN GRASSLAND/SAVANNAH

Taking a more direct route to the Gate, you will have the opportunity to see more wildlife as you make your way out of the National Park. Once at the gate, you will be picked up and brought back to Honey Badger Lodge for a warm welcome, a cold celebratory drink and a hearty meal.

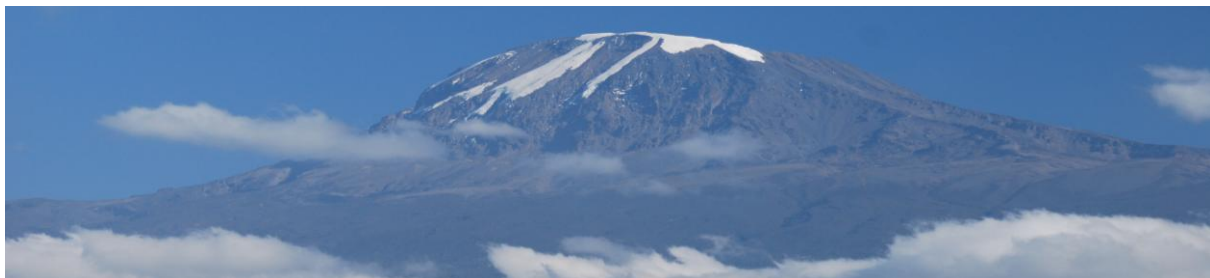
DAY 7 and 8

RELAX AND RECUPERATE

HIKING TIME: NIL

HABITAT: HONEY BADGER LODGE

After 3 days on the mountain you will appreciate time to sit and dangle your feet in the pool, enjoy our cold drinks and tasty cuisine. For those that choose we can organise some pampering, a massage to relieve those tired muscles or a pedicure to reinvigorate the legs and feet.



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In the afternoon of day 8 you will have a short briefing to refresh your minds on the task ahead. This is also where you will meet your guide for the forthcoming hike up Kili.

DAY 9

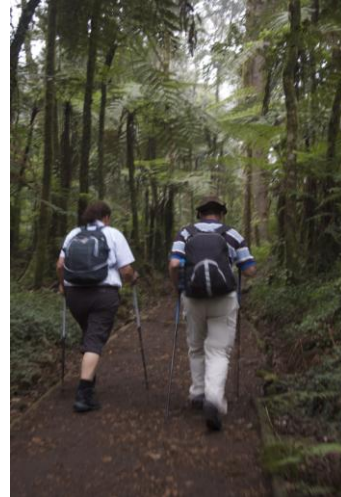
**MACHAME GATE (1,490M) to
MACHAME CAMP (2,980M)**

HIKING TIME: APPROX SEVEN HOURS

DISTANCE: APPROXIMATELY
EIGHTEEN KILOMETRES

HABITAT: MOUNTAIN FOREST

After a hearty Honey Badger breakfast your guides will come to collect you and you will drive 45 minutes from the lodge to Machame village/gate (although you may have to walk to the gate depending on the road conditions). After registering at the gate you will begin by entering the rain forest. Living up to its name, there is a strong possibility of rain in the forest, which will transform the trail into a very soggy, muddy and slippery experience.



You will have a welcome packed lunch stop about half way and will reach the Machame camping area in the late afternoon. The crew will set everything out at your campsite and all you have to do is sit back, relax and enjoy the great outdoors.

DAY 10

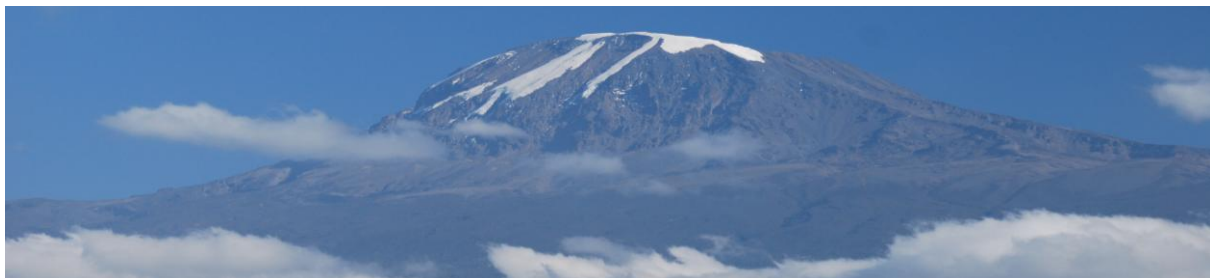
**MACHAME CAMP (2,980M) to
SHIRA CAMP (3,840M)**

HIKING TIME: APPROXIMATELY SIX
HOURS

DISTANCE: APPROXIMATELY NINE
KILOMETERS

HABITAT: MOORLAND

After an early breakfast you will climb for an hour or so to the top of the forest and then for



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2 hours at a gentler gradient through the moorland zone. After a short lunch and rest, you will continue up a rocky ridge onto the stunning Shira plateau, due west of Kibo, from which you will be able to see the breathtaking glaciers.

After a short hike you will reach the Shira campsite at 3,840m. The climbing crew will provide you with a tasty meal and you will then have plenty of time to sit back and relax.

DAY 11

**SHIRA (AT 3,840M) to LAVA
TOWER (AT 4,630M) to
BARRANCO CAMP (AT
3,950M)**

HIKING TIME: APPROXIMATELY SEVEN HOURS

DISTANCE: APPROXIMATELY FIFTEEN KILOMETRES

HABITAT: SEMI-DESERT

The route now turns east into a semi desert and rocky landscape surrounding Lava Tower. After lunch you will climb a rocky scree path to the Lava Tower (4630m). This five hour walk will probably be your hardest day so far and some climbers may begin to feel the altitude. However our experienced team will coach you through the symptoms and provide you with all the advice and support you need.

After lunch you descend again by almost 680m to the Barranco camping area, whilst it may seem illogical to be going down at this point, you will quickly appreciate its true acclimatisation benefit. This descent to Barranco camp takes about 2 hours and offers great opportunities to take some beautiful photographs of the Western Breach and Breach Wall. The camp is situated in a valley below the Breach and Great Barranco Wall, which should provide you with a memorable sunset while you wait for the preparation of your dinner.

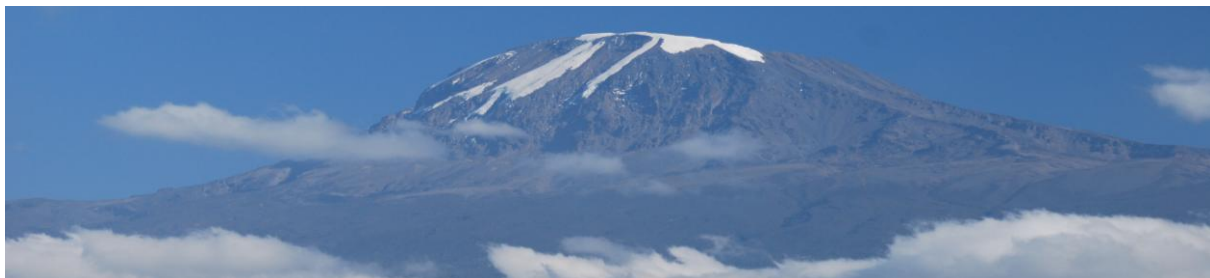


DAY 12

**BARRANCO CAMP (3950M) to
BARAFU CAMP (4550M)**

HIKING TIME: APPROXIMATELY SEVEN HOURS

DISTANCE: APPROXIMATELY



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THIRTEEN KILOMETRES

HABITAT: ALPINE DESERT

Your day begins by tackling the awesome obstacle of the Great Barranco Wall. Whilst initially an imposing site, its climb is invariably easier than anticipated. You will quickly appreciate how beautiful the mighty Kilimanjaro is when you reach the bottom of the Heim Glacier. You will then head down through the Karanga Valley over the ridges and valleys, and join up with the Mweka route. After another hour or so, you reach Barafu (Swahili for Ice) Hut. This camp gives you a real experience of the icy elements. The camp is exposed to the ever-present gales the tents are pitched on a narrow, stony ridge. You will appreciate your warm and cosy sleeping bags on this night! The summit is now only a further 1,345m up and you will make the final ascent the same night. The team will help you to prepare your equipment and clothing for your summit attempt. You will go to bed at round at about 19h00 and try to get some precious rest and sleep.

DAY 13:

(SUMMIT ATTEMPT)

**BARAFU CAMP (4,550M) to
UHURU PEAK (5895M) to
MWEKA (3,100M)**

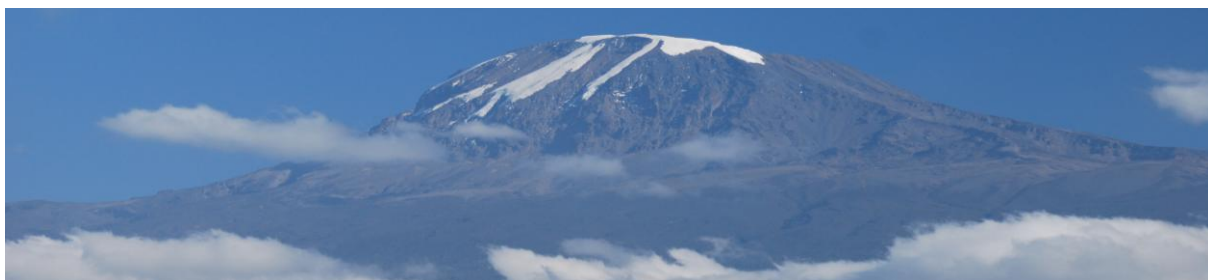
HIKING TIME: APPROXIMATELY
EIGHT HOURS TO REACH UHURU PEAK

AND ANOTHER SEVEN-EIGHT HOURS
TO DESCEND TO MWEKA

DISTANCE: APPROXIMATELY SEVEN
KILOMETRES ASCENT – AND A
FURTHER TWENTY THREE
KILOMETRES DESCENT

HABITAT: STONE SCREE AND ICE-
CAPPED SUMMIT

At about 23h30 you will be awoken to some tea and biscuits and will make a move into the night. You will head in a north-westerly direction and ascend through heavy scree towards Stella Point on the crater rim. Many climbers find this 6-hour walk to Stella point the most mentally and physically challenging aspect of the climb. At Stella Point (5,685m) your efforts will be rewarded with a short rest and the most magnificent sunrise you are ever likely to see (weather permitting). From Stella Point you will normally encounter snow all the way on your 2-hour ascent to Uhuru Peak, the highest point in Africa and achievement you will remember for the rest of your life.



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The walk back to Barafu from the summit, takes about 3 hours. Here you will have a well earned but short rest and collect the rest of your gear, before heading down to Mweka hut (3,100m). The route is not difficult and will take you down the rock and scree path into the moorland and eventually into the forest. Here you will rest and feel proud of your achievement.

DAY 14

**MWEKA CAMP (3100M) to
MWEKA GATE (1980M)**

HIKING TIME: APPROXIMATELY
THREE HOURS

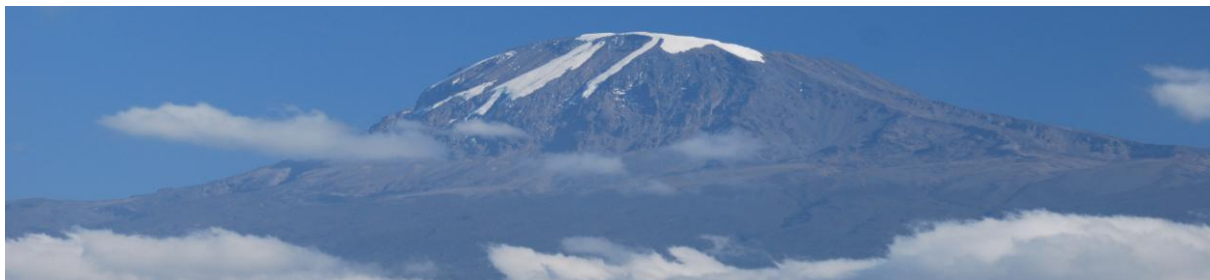
DISTANCE: APPROXIMATELY FIFTEEN
KILOMETRES

HABITAT: FOREST

After an early and well-deserved breakfast, it is a short 3-hour and scenic hike back to the Park gate where you will receive your certificates; those climbers who reached Stella Point (5,685m) are issued with green certificates and those who reached Uhuru Peak (5,895m) receive gold certificates. You will be picked up and brought back to Honey Badger Lodge for a warm welcome, a cold celebratory drink.

In the evening you will enjoy one of renowned cultural evenings, it truly is a night to

remember. You will be entertained by a local a drumming and dancing group, whilst your dinner will consist of over fifteen different local delights indigenous to Tanzania. And of course this must all be washed down with some local brew, guaranteed to get even the most tired legs dancing.



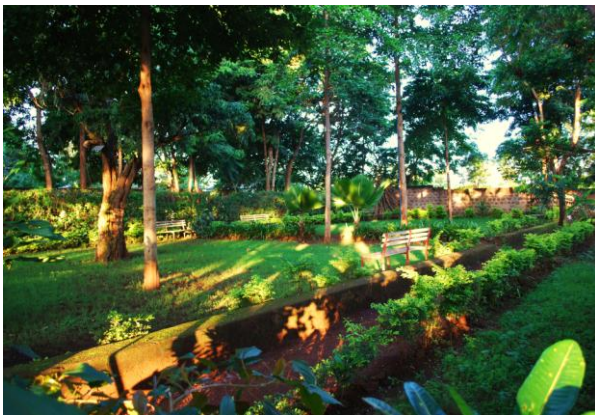
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DAY 15

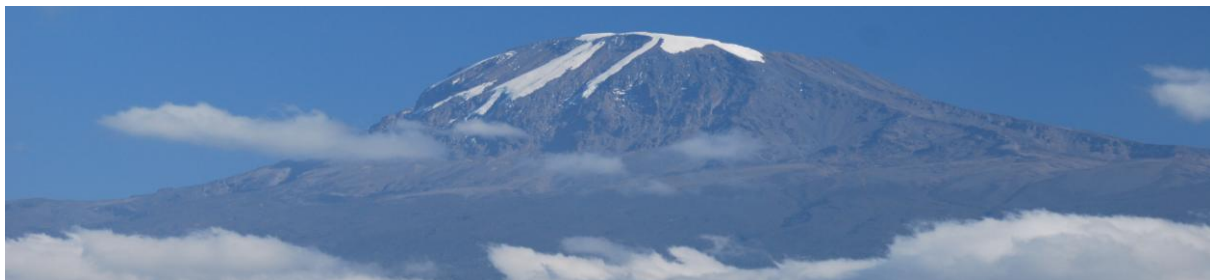
Departure

Activities on the final day will depend on flight times. For those with night flights we can offer a variety of different experiences including a trip to the local waterfalls, a visit to Moshi forest, a shopping trip in town to buy some last minute souvenirs or just some time relaxing by the pool.



The cost...

We are competitively priced. The cost of this unique package varies according to the number of people in the group, really making it the more the merrier. We are happy to support any individuals in their fundraising ideas and initiatives.



Group	Cost	Donation	Total*
1-5 people	\$2306	\$2000	\$4306
6-10 people	\$2148	\$2000	\$4148
>10 people	\$2078	\$2000	\$4078

*per person

The trip price includes all your camping equipment, full board accommodation at Honey Badger, airport transfers, town and village walks and a cultural night. What is not included is the following:

- International flights
- Visas
- Travel insurance
- Alcoholic and Non-alcoholic beverages
- Additional personal equipment
- Gratuities
- Additional activities for after the climb e.g. safaris, waterfall visit, massage etc

ADDITIONAL EQUIPMENT

- 1 litre water canteen
- 1 LED Flashlight with spare batteries
- 1 Pair of comfortable trekking boots
- 2 pairs of thick thermal socks and several pairs of regular socks
- 2 Fleece
- 1 down jacket or long-sleeved wind-breaker

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- 1 set of thermal underwear
- 2 pairs of trekking trousers
- 1 waterproof jacket
- 1 pair of waterproof trousers
- 1 balaclava or ski-mask
- 1 sun hat

GRATUITIES

With regards to gratuities, there is no agreed mechanism for this, though it is somewhat expected that climbers will tip the crew. This does not refer to the company per-se, rather the porters that you climb with. We encourage climbers to give this directly to the porters, or to the guide who can then divide it accordingly. Previous in groups tend to put between 60 -130 dollars per client into a pot that can then be divided amongst the crew. Of course this is not compulsory and is entirely at your discretion.

GIVING BACK

It is important to remember that part of your fee for this trip will go to support local community projects. For example this year funds from Honey Badger Lodge and Safaris purchased a rice paddy which will be farmed for the local school not only providing food for them but also enough rice to sell to provide some additional income for the school.

